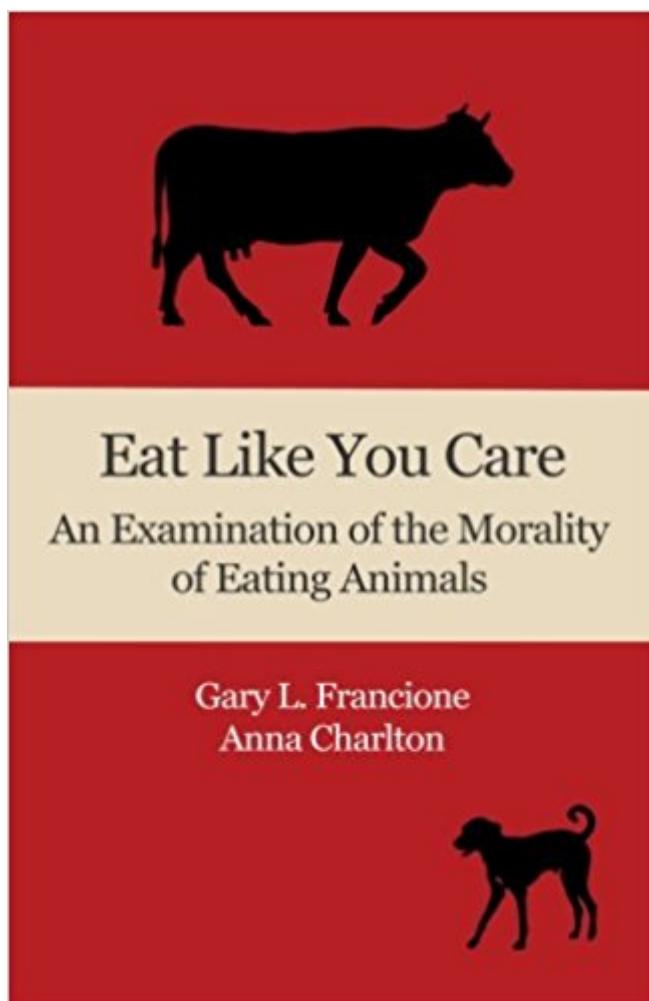


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# **Eat Like You Care: An Examination Of The Morality Of Eating Animals**



## Synopsis

\*\*\*SPECIAL OFFER\*\*\* Take \$1 OFF per copy purchased through CreateSpace (<https://www.createspace.com/4423398>) with discount code: 9B6RZRQM This book puts the issue of eating animals squarely on the table. We all claim to care about animals and to regard them as having at least some moral value. We all claim to agree that it's wrong to inflict "unnecessary" suffering and death on animals and—whatever disagreement we may have about when animal use is necessary—we all agree that the suffering and death of animals cannot be justified by human pleasure, amusement, or convenience. We condemn Michael Vick for dogfighting precisely because we feel strongly that any pleasure that Vick got from this activity could not possibly justify what he did. So how can we justify the fact that we kill many billions of land animals and fish every year for food? However "humanely" we treat and kill these animals, the amount of animal suffering we cause is staggering. Yet no one maintains that animal foods are necessary for optimal health. Indeed, mounting empirical evidence points to animal foods being detrimental for human health. But however you evaluate that evidence, there can be no serious doubt that we can have excellent health with a vegan diet. There is also broad consensus that animal agriculture is an ecological disaster. Animal agriculture is responsible for water pollution, air pollution, deforestation, soil erosion, inefficient use of plant protein and water, and all sorts of other environmental harms. The best justification we have for the unimaginable amount of suffering and death that we impose on animals is that they taste good. We enjoy the taste of animal foods. But how is this any different from Michal Vick claiming that his dogfighting operation was justifiable because he enjoyed watching dogs fight? Vick liked sitting around a pit watching animals fight. We enjoy sitting around a summer barbecue pit roasting the corpses of animals who had lives and deaths that were as bad as, if not worse than, Vick's dogs. What is the difference between Michael Vick and those of us who eat animal foods? This book shows there is no difference, or at least not any difference that matters morally. Prof. Gary L. Francione and Prof. Anna Charlton argue that if you think animals matter morally—if you reject the idea that animals are just things—your own beliefs require that you stop eating animal products. There is nothing "extreme" about a vegan diet; what is extreme is the inconsistency between what we say we believe and how we act where animals are concerned. Many of us are uneasy thinking about the animals who end up on our plates. We may have thought about stopping our consumption of animal products, but there are many excuses that have kept us from doing so. The authors explore the 30+ excuses they have heard as long-time vegans and address each one, showing why these excuses don't work. Packed with clear, commonsense thinking on animal ethics, without jargon or complicated theory, this book will change

the way you think about what you eat.

## Book Information

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## Customer Reviews

Gary L. Francione is Board of Governors Distinguished Professor of Law and the Nicholas deB. Katzenbach Scholar of Law and Philosophy at Rutgers University School of Law. Anna Charlton is Adjunct Professor of Law at Rutgers University School of Law. She was the co-founder and co-director (with Gary L. Francione) of the Rutgers Animal Rights Law Clinic from 1990-2000.

"Eat Like You Care" is an essential, empowering read for anyone who cares about animals. This slim but compelling volume should be required reading in every high school, college classroom, faith community and social justice circle. Professors Francione & Charlton's approach is extremely accessible, straightforward and logical, and their presentation of the moral arguments for ethical veganism can only be described as airtight. A book with truly international scope and appeal, it has already been translated into nine languages since its initial publication in 2013 (apparently with more to come), including Dutch, French, Portuguese, Spanish, Romanian and Russian. Indeed, "Eat Like You Care" would appear destined to become a modern classic, not merely in the realm of animal ethics, but in the literatures of social justice and moral philosophy as well. Most highly recommended, without hesitation or equivocation.

Many books seek to change your behavior by convincing you that your current beliefs are wrong.

For example, a book might aim to get you to begin recycling by trying to prove to you, contrary to your current beliefs, that recycling is a worthwhile and important activity. You might expect something like that here in "Eat Like you Care": a book which tries to persuade you to become vegan by arguing that animals are more important than you currently believe. But that expectation would be wrong. This is a book like no other. Francione and Charlton have not set out to convince you that animals are special or important. Instead, the authors demonstrate that your current beliefs about animals, even if unchanged, already have the implication that you must stop using animals for food. If you take your beliefs seriously -- if you take yourself seriously -- then you must be vegan. Francione and Charlton aren't doing any convincing here; they're allowing you to convince yourself. And although the book explicitly deals only with food, the implications of Francione's and Charlton's reasoning (or, I should say, your reasoning) are much broader. Although this book is addressed to an individual thinking through their own decision to become vegan, it is of tremendous use to two other audiences as well. First, if you are a vegan who has struggled to answer questions and challenges from friends and family, this book will become immediately indispensable to you and will help you articulate your views with clarity and confidence. Second, if you are an acting or aspiring vegan advocate who would like to learn how to meet people on their own terms, this book will serve as your guide. This is a striking, unique, and genuinely brilliant short book. It's written with an uncommon combination of precision and accessibility, both careful enough to please a logic professor and so readable that it can be enjoyed by anyone. Please read this book.

A simple and logical explanation of what it means to be vegan, and why it's important. I recommend this book to everyone, and I frequently give my copies away to those interested... so I'm always buying more :-) A "must read" for sure.

If not yet vegan, these are questions to consider. If now vegan, these are the questions you probably asked yourself while on your journey. The journey continues, and this book is a good tool to take with you.

A partir del principio de que tenemos la obligaciÃƒn moral de no imponer sufrimiento innecesario a los animales, Gary L. Francione y Anna Charlton intentan defender una simple idea: Si los animales importan moralmente, no podemos consumir productos de origen animal, y estamos comprometidos a una dieta vegana. El libro cumple totalmente con su propÃƒsito a travÃƒs de explicaciones claras y un lenguaje simple. Lo recomiendo totalmente, tanto a veganos como a no

veganos.-----Based on the principle that we have a moral obligation not to inflict unnecessary suffering on animals, Gary L. Francione and Anna Charlton try to defend a simple idea: If animals matter morally, we can not consume animal products, and we are committed to a vegan diet. The book fully meets its purpose through clear explanations and simple language. I would totally recommend it to both vegans and non-vegans.Nicanor Perera

The authors have a good idea here Ã¢Â¢Â¢ to tackle every potential argument against veganism. This would be a useful guide for newer vegans or those who arenÃ¢Â¢Â¢t yet sure how to respond to certain arguments against veganism. I do think the wide approach limits the usefulness of some of the sections Ã¢Â¢Â¢ I wish the nutritional section had more detail, as some of the arguments feel brushed aside too rapidly (not that that I feel the authors are wrong, I just wish there had been room for a more developed response).

This is an extremely powerful book and a fairly quick read. I like that it is not too philosophical - just down to earth reality! I highly recommend this for those wishing to spread the word about the connection between what you eat and the cruelty inflicted AND for those who may be considering going plant based but need a little nudge. It really makes you think in a totally different way. Thank you Gary Francione!

I just finished reading this and I have to say that was a great read. Easy to understand and very clear, it nevertheless demolishes every "but.." objection I have heard people raise in relation to justifying eating animals. it focuses exclusively on using animals for food, and leaves discussion about animals used for clothing and experiments for another time (a sequel?). This makes sense as the majority of animals killed are used for food, and while people are still eating animals it makes little difference what shoes they wear.I hope there is an affordable print version available soon, I would buy many copies and give them to lots of not-yet-vegan family and friends. Any thinking person should read this book.

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